

Patient Information Form

Please Print

Patient Information

Full Name _____ Date ____ / ____ / ____

Language _____ Race American Indian or Alaska Native Asian

Ethnicity Not Hispanic or Latino Black or African American White

Hispanic or Latino Native Hawaiian or Other Pacific Islander

Date of Birth ____ / ____ / ____ Sex: Male Female Social Security # _____

Home Address _____

Street City State Zip Code

Preferred Method of Contact Home Phone Mobile Phone Email Letter

Home Phone () _____ Work Phone () _____ Mobile Phone () _____

Home Email _____ Fax # () _____

Student Employed Unemployed

Employer/School _____

Single Married Divorced Widowed Separated

Spouse's Full Name _____ Date of Birth ____ / ____ / ____

Spouse's Social Security # _____ Spouse's Work Phone () _____

Spouse's Employer _____

Primary Care Physician _____ Office # () _____

Were you referred by a patient? Yes No If yes, please list name _____

Consent for Treatment

I request and consent to the performance of chiropractic, examination, adjustment/manipulation and any and all other chiropractic procedures permitted by our State law, including medical records review, various modes of physiotherapy and necessary diagnostic x-rays on myself (or on the patient named below, for whom I am legally responsible) by any of the treating doctors of chiropractic on staff and/or any licensed chiropractor deemed appropriate by the office. I understand that results of treatment are not guaranteed. I further understand and am informed that, as in the practice of medicine, in the practice of chiropractic there are risks associated with treatment, although rare, including, but not limited to, fracture, disc injuries, strokes, dislocations, strains, and worsening symptoms. I do not expect the doctor to be able to anticipate and explain all risks and complications, and I wish to rely on the doctor to exercise judgment during the course of the procedure which the doctor feels at the time, based on the facts then known, and is in my best interest. This consent form covers the entire course of treatment for my present condition and for any future conditions(s) for which I seek treatment.

I understand it is my responsibility to fill out my case history completely and to the best of my knowledge, and to inform the doctor of any information that is not listed on my case history. I also understand that it is my responsibility to inform the doctor of any changes that may occur once I have filled out that information. I authorize Preston Murfreesboro Family Chiropractic & Rehabilitation, PLLC to treat me.

I have read and understand the foregoing.

Signed _____ Date ____ / ____ / ____

Patient Information Form

Please Print

Patient Name _____

D.O.B. _____

Emergency Information

Name _____ Home Phone () _____ Work Phone () _____

Privacy

Receipt of Notice of Privacy Practices Written Acknowledgement (Please Initial)

_____ I was provided a Notice of Privacy Practices by M.F.C.R., PLLC to read and keep as my own.

_____ I declined a copy that was offered to me, but I am aware of my rights.

_____ I authorize the release of my medical or incidental information necessary to provide continuity of my (the patient's) medical care and to process my (the patient's) medical insurance.

My Protected Health Information may be disclosed to:

Self Only Parent/Guardian _____

Spouse/Partner _____ Other _____

Financial Policy

(Please Initial all notices)

_____ I understand that I am financially responsible for any balance. Our office participates with all major health plans. We will file primary and secondary claims for you. All deductible and copays are your responsibility.

_____ If your plan requires a referral, it is your responsibility to obtain that referral prior to your visit.

_____ For any services rendered, I authorize the assignment of benefits (payments) from my insurance to come direction to Murfreesboro Family Chiropractic & Rehabilitation, PLLC.

Insurance

Do you have medical insurance?

Yes Please provide a copy of card at time of service. Co-payment is required at time of service.

No Payment is expected at time of service. We accept Cash, Check, Visa or Mastercard.

Signed _____

Date ____ / ____ / ____

Murfreesboro Family Chiropractic & Rehabilitation, PLLC.

HEALTH HISTORY

NAME _____ DATE _____

NOMBRE _____ FECHA _____

Place a mark by "yes" or "no" if you have ever had any of the following: *(Elija todos los que apliquen a usted)*

CONDITION (Condición)	YES (Si)	NO (No)	CONDITION (Condición)	YES (Si)	NO (No)
AIDS/HIV SIDA/VIH			HEPATITIS HEPATITIS		
ALCOHOLISM ALCOHOLISMO			HERNIA HERNIA/QUEBRADURA		
ANEMIA LA ANEMIA			HERNIATED DISC HERNIA DE DISCO		
ARTHRITIS ARTRITIS			KIDNEY DISEASE ENFERMEDAD RENAL		
ASTHMA ASMA			LIVER DISEASE ENFERMEDAD HEPÁTICA		
BLEEDING DISORDER ENFERMEDAD HEMORRAGICA			MIGRAINES LAS MIGRAÑAS		
Dizziness Mareo			Chest Pain/Rib Pain Dolor de Pecho/de Costilla		
CANCER EL CANCER			MULTIPLE SCLEROSIS ESCLEROSIS MÚLTIPLE		
Sleeping Problems CATARATAS			Osteopenia/OSTEOPOROSIS OSTEOPOROSIS		
Burning Muscle Pain Dolor Muscular Ardiente			PARKINSON'S DISEASE LA ENFERMEDAD DE PARKINSON		
DIABETES			PINCHED NERVE NERVIO PELLIZCADO		
EMPHYSEMA ENFISEMA			PNEUMONIA NEUMONÍA		
EPILEPSY EPILEPSIA			PROSTHESIS PRÓTESIS		
FRACTURES FRACTURAS			RHEUMATOID ARTHRITIS LA ARTRITIS REUMATOIDE		
Shortness of Breath Dificultad Para Respirar			STROKE DERRAME CEREBRAL		
GOUT GOTA			THYROID PROBLEMS PROBLEMAS DE LA TIROIDES		
HEART DISEASE ENFERMEDAD CARDIACA			Depression Depresio`n		

MEDICATIONS

List all prescription AND/OR over the counter medications you are currently using:
(Indique medicamentos de receta del Medico o sin receta que estas usando ahora):

ALLERGIES/ALERGIAS

List all allergies

HEALTH HISTORY – PART 2

1. **Have you ever been to a chiropractor?** YES / NO
Ha solicitado tratamiento por quiropractico?

How long ago? _____

2. **In the last 24 months (not including this injury) have you been to any of the following?**
En los dos años pasados ha solicitado tratamiento con:

- a. Medical Doctor (Medico) YES / NO LAST VISIT _____
b. Physical Therapist (Terapia Fisica) YES / NO LAST VISIT _____
c. Medical Specialist (Especialista) YES / NO LAST VISIT _____

3. **Have you ever had surgery? If yes, please list surgery and year.** YES / NO
Indique cirugias; tipo y el año:

- a. Year/Año _____ Surgery/Cirugia _____
b. Year/Año _____ Surgery/Cirugia _____
c. Year/Año _____ Surgery/Cirugia _____

4. **Have you ever had a broken bone? If yes, please list year and bone.** YES / NO
Indique fracturas del hueso y año:

- a. Year/Año _____ Bone/Hueso _____
b. Year/Año _____ Bone/Hueso _____
c. Year/Año _____ Bone/Hueso _____

5. **Have you ever had a work-related injury? If yes, please list year and injury.** YES / NO
Ha tenido accidentes del trabajo? Indique tipo y año del herida

- a. Year/Año _____ Injury/Lesion _____
b. Year/Año _____ Injury/Lesion _____
c. Year/Año _____ Injury/Lesion _____

6. **Do you exercise?** NEVER / SOMETIMES / EVERYDAY
Haces ejercicios? Nunca / A veces / Cada día

7. **Describe your activity level while at work?**

OFFICE or CLERICAL / LIGHT LABOR / MODERATE LABOR / HEAVY LABOR
En su trabajo que haces mas? SENTANDO / DE PIE / TRABAJO LIJERO / TRABAJO DURO

8. **How many days of work have you missed since this accident / injury?** _____
Cuantos días no puede trabajar debido a este accidente?

9. **Do you smoke?** YES / NO _____ packs/day
Fuma cigarrillos? Cuantos por día?

10. **Do you drink alcohol?** YES / NO _____ drinks/week
Toma Alcohol? Cuantas bebidas por día?

11. **Are you pregnant?** YES / NO _____ due date
(A mujeres) Esta embarazada? Cuantos meses?

12. **Family History** (CIRCLE) Cancer / Diabetes / Heart Disease / High Blood Pressure / Thyroid Problems Other:
Historia Familiar (CIRCULO) Cancer / Diabetes / Enfermedad Del Corazon / Alta Presion Sanguinea/ Problemas Tiroideos / Otro :

Signed _____ Date _____

DAILY ACTIVITY CHECKLIST

This checklist is designed to help us understand how much discomfort, pain, and/or difficulty you experience while performing your daily activities. Please check (✓) only **ONE** column for each activity that most applies to your level of discomfort. If you regularly perform an activity that is not listed, please write that activity in the blank boxes at the bottom and indicate your level of discomfort / difficulty. If you have any questions about how to complete this form, the staff will be more than happy to assist you.

Esta lista de verificación es diseñado para ayudar nos comprender cuanto molesta, dolor y/o dificultad experiencias cuando estás haciendo ciertas actividades. Por favor completa la lista de verificación por marcando solamente **una** columna para cada actividad que mas aplica a tu nivel de molesta, dolor, y/o dificultad para aquella actividad. No marque más que una columna para cualquier actividad. Si una actividad no se aplica porque no hace esa actividad (por ejemplo, si no está empleado, o no tiene niños que cuidar” marca “no aplicable” columna.

Activity <i>Actividad</i>	Not Applicable <i>No Aplicable</i>	No Discomfort or Difficulty <i>No molesta</i>	Minimal Discomfort or Difficulty <i>Me molesta</i>	Moderate Discomfort or Difficulty <i>Me molesta moderada</i>	Major Discomfort or Difficulty <i>Molesta Mayor</i>	Can't do this because of Discomfort or Difficulty <i>No puedo hacer</i>
Sitting <i>Sentado</i>						
Standing <i>De pie</i>						
Bending <i>Agachando</i>						
Lifting <i>Levantando</i>						
Walking <i>Caminando</i>						
Lying Down <i>Acostado</i>						
Sleeping <i>Dormido</i>						
Driving <i>Manejando</i>						
Working <i>Trabajando</i>						
Housework <i>Limpieza</i>						
Dressing <i>Vestir se</i>						
Personal Hygiene <i>Cuidado Personal</i>						
Caring for Children <i>Cuidado de los niños</i>						
Using computer <i>Usando Computadora</i>						
Exercising <i>Ejercicios/Deportes</i>						
Watching TV <i>Mirando televisor</i>						

SIGNED _____ DATE: _____

Murfreesboro Family Chiropractic & Rehab, PLLC.

Please circle on the number to indicate the severity of your complaint.
Encierre en un círculo el número para indicar del nivel de dolor que siente ahorita en la parte más lastimada entre no dolor y insoportable dolor.

Headache (No Pain) (1) (2) (3) (4) (5) (6) (7) (8) (9) (Worse Pain)
Dolor de cabeza (Peor)

When did it begin: _____
Cuando Comenzo?

Type of pain (circle all that apply): Burning | Sharp | Dull | Ache | Throbbing | Stabbing
Tipo de dolor (encierre en un círculo) incendio | afilado | tediosa | dolor | palpitante | punalada
Tingling | Numbness | Stiffness | Other: _____
Hormigueo | entumecimiento | rigidez | otra

How often: Constant | Frequent | Occasional | Intermittent
Con que: frecuencia | Constante | Frecuente | Ocasional | Intermitente
What makes it better: _____
Que lo hace mejor:
What makes it worse: _____
Que lo empeora:

Neck Pain (No Pain) (1) (2) (3) (4) (5) (6) (7) (8) (9) (Worse Pain)
Dolor del cuello (Peor)

When did it begin: _____
Cuando Comenzo?

Type of pain (circle all that apply): Burning | Sharp | Dull | Ache | Throbbing | Stabbing
Tipo de dolor (encierre en un círculo) incendio | afilado | tediosa | dolor | palpitante | punalada
Tingling | Numbness | Stiffness | Other: _____
Hormigueo | entumecimiento | rigidez | otra

How often: Constant | Frequent | Occasional | Intermittent
Con que: frecuencia | Constante | Frecuente | Ocasional | Intermitente
What makes it better: _____
Que lo hace mejor:
What makes it worse: _____
Que lo empeora:

Shoulder Pain: Left | Right | None (1) (2) (3) (4) (5) (6) (7) (8) (9) (Worse Pain)
Dolor del hombro (Peor)

When did it begin: _____
Cuando Comenzo?

Type of pain (circle all that apply): Burning | Sharp | Dull | Ache | Throbbing | Stabbing
Tipo de dolor (encierre en un círculo) incendio | afilado | tediosa | dolor | palpitante | punalada
Tingling | Numbness | Stiffness | Other: _____
Hormigueo | entumecimiento | rigidez | otra

How often: Constant | Frequent | Occasional | Intermittent
Con que: frecuencia | Constante | Frecuente | Ocasional | Intermitente
What makes it better: _____
Que lo hace mejor:
What makes it worse: _____
Que lo empeora:

Signed: _____ Date: _____

Arm/Hand Pain: Left | Right | None (1) (2) (3) (4) (5) (6) (7) (8) (9) (Worse Pain)

Dolor del mano/brazo

(Peor)

When did it begin: _____
Cuando Comenzo?

Type of pain (circle all that apply): Burning | Sharp | Dull | Ache | Throbbing | Stabbing
Tipo de dolor (encierra en un circulo) incendio | afilado | tediosa | dolor | palpitante | punalada

Tingling | Numbness | Stiffness | Other: _____
Hormigueo | entumecimiento | rigidez | otra

How often: Constant | Frequent | Occasional | Intermittent
Con que: frecuencia | Constante | Frecuente | Ocasional | Intermitente

What makes it better: _____
Que lo hace mejor:

What makes it worse: _____
Que lo empeora:

Mid Back Pain (No Pain) (1) (2) (3) (4) (5) (6) (7) (8) (9) (Worse Pain)

Dolor de Espalda Medio

(Peor)

When did it begin: _____
Cuando Comenzo?

Type of pain (circle all that apply): Burning | Sharp | Dull | Ache | Throbbing | Stabbing
Tipo de dolor (encierra en un circulo) incendio | afilado | tediosa | dolor | palpitante | punalada

Tingling | Numbness | Stiffness | Other: _____
Hormigueo | entumecimiento | rigidez | otra

How often: Constant | Frequent | Occasional | Intermittent
Con que: frecuencia | Constante | Frecuente | Ocasional | Intermitente

What makes it better: _____
Que lo hace mejor:

What makes it worse: _____
Que lo empeora:

Low Back Pain (No Pain) (1) (2) (3) (4) (5) (6) (7) (8) (9) (Worse Pain)

Lumbalgia

(Peor)

When did it begin: _____
Cuando Comenzo?

Type of pain (circle all that apply): Burning | Sharp | Dull | Ache | Throbbing | Stabbing
Tipo de dolor (encierra en un circulo) incendio | afilado | tediosa | dolor | palpitante | punalada

Tingling | Numbness | Stiffness | Other: _____
Hormigueo | entumecimiento | rigidez | otra

How often: Constant | Frequent | Occasional | Intermittent
Con que: frecuencia | Constante | Frecuente | Ocasional | Intermitente

What makes it better: _____
Que lo hace mejor:

What makes it worse: _____
Que lo empeora:

Signed _____ Date: _____

Hip Pain: Left | Right | None (1) (2) (3) (4) (5) (6) (7) (8) (9) (Worse Pain)
Dolor del cadera (Peor)

When did it begin: _____
Cuando Comenzo?

Type of pain (circle all that apply): Burning | Sharp | Dull | Ache | Throbbing | Stabbing
Tipo de dolor (encierra en un circulo) incendio | afilado | tediosa | dolor | palpitante | punalada
Tingling | Numbness | Stiffness | Other: _____
Hormigueo | entumecimiento | rigidez | otra

How often: Constant | Frequent | Occasional | Intermittent
Con que: frecuencia | Constante | Frecuente | Ocasional | Intermitente

What makes it better: _____
Que lo hace mejor:

What makes it worse: _____
Que lo empeora:

Leg/Foot Pain: Left | Right | None (1) (2) (3) (4) (5) (6) (7) (8) (9) (Worse Pain)
Dolor del pie/pierna (Peor)

When did it begin: _____
Cuando Comenzo?

Type of pain (circle all that apply): Burning | Sharp | Dull | Ache | Throbbing | Stabbing
Tipo de dolor (encierra en un circulo) incendio | afilado | tediosa | dolor | palpitante | punalada
Tingling | Numbness | Stiffness | Other: _____
Hormigueo | entumecimiento | rigidez | otra

How often: Constant | Frequent | Occasional | Intermittent
Con que: frecuencia | Constante | Frecuente | Ocasional | Intermitente

What makes it better: _____
Que lo hace mejor:

What makes it worse: _____
Que lo empeora:

Other _____ (No Pain) (1) (2) (3) (4) (5) (6) (7) (8) (9) (Worse Pain)
Otro/Otra (Peor)

When did it begin: _____
Cuando Comenzo?

Type of pain (circle all that apply): Burning | Sharp | Dull | Ache | Throbbing | Stabbing
Tipo de dolor (encierra en un circulo) incendio | afilado | tediosa | dolor | palpitante | punalada
Tingling | Numbness | Stiffness | Other: _____
Hormigueo | entumecimiento | rigidez | otra

How often: Constant | Frequent | Occasional | Intermittent
Con que: frecuencia | Constante | Frecuente | Ocasional | Intermitente

What makes it better: _____
Que lo hace mejor:

What makes it worse: _____
Que lo empeora:

Signed: _____ Date: _____

Vitals: Height _____ Weight _____ Blood Pressure _____ / _____ mmHG Pulse _____

Pain Index Questionnaire

Please Print

Patient Name _____ D.O.B. _____ Date _____

Pain Index

We would like to know how much your pain presently prevents you from doing what you would normally do. Regarding each category, please indicate the overall impact your present pain has on your life, not just when the pain is at its worst.

Please circle the number which best describes how your typical level of pain affects these six categories of activities.

1. Family/Home responsibilities such as yard work, chores around the house or driving the kids to school -

0 1 2 3 4 5 6 7 8 9 10

completely able to function totally unable to function

2. Recreation including hobbies, sports or other leisure activities -

0 1 2 3 4 5 6 7 8 9 10

completely able to function totally unable to function

3. Social activities including parties, theater, concerts, dining-out and attending social functions with friends -

0 1 2 3 4 5 6 7 8 9 10

completely able to function totally unable to function

4. Employment including volunteer work and homemaking tasks -

0 1 2 3 4 5 6 7 8 9 10

completely able to function totally unable to function

5. Self-care such as taking a shower, driving or getting dressed -

0 1 2 3 4 5 6 7 8 9 10

completely able to function totally unable to function

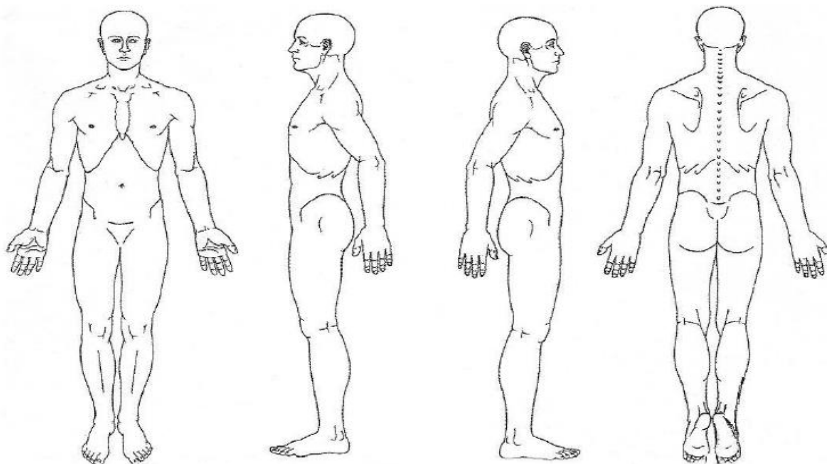
6. Life-support activities such as eating and sleeping -

0 1 2 3 4 5 6 7 8 9 10

completely able to function totally unable to function

Score _____ [60]

Benchmark -5 = _____



Please mark the areas on the picture below that correspond to the areas of your body where you feel the described sensations. Use appropriate symbols. Mark areas of radiation. Include all affected areas.

Do Not Simply Circle The Affected Area

Numbness ---- Aching ****

Pins & Needles oooo

Burning xxxx Stabbing ////

Signed _____ Date ____/____/____

Neck Index

ACN Group, Inc. Form NI-100

ACN Group, Inc. Use Only rev 3/27/2003

Patient Name _____ **Date** _____

This questionnaire will give your provider information about how your neck condition affects your everyday life. Please answer every section by marking the one statement that applies to you. If two or more statements in one section apply, please mark the one statement that most closely describes your problem.

Pain Intensity

- ⓪ I have no pain at the moment.
- ① The pain is very mild at the moment.
- ② The pain comes and goes and is moderate.
- ③ The pain is fairly severe at the moment.
- ④ The pain is very severe at the moment.
- ⑤ The pain is the worst imaginable at the moment.

Sleeping

- ⓪ I have no trouble sleeping.
- ① My sleep is slightly disturbed (less than 1 hour sleepless).
- ② My sleep is mildly disturbed (1-2 hours sleepless).
- ③ My sleep is moderately disturbed (2-3 hours sleepless).
- ④ My sleep is greatly disturbed (3-5 hours sleepless).
- ⑤ My sleep is completely disturbed (5-7 hours sleepless).

Reading

- ⓪ I can read as much as I want with no neck pain.
- ① I can read as much as I want with slight neck pain.
- ② I can read as much as I want with moderate neck pain.
- ③ I cannot read as much as I want because of moderate neck pain.
- ④ I can hardly read at all because of severe neck pain.
- ⑤ I cannot read at all because of neck pain.

Concentration

- ⓪ I can concentrate fully when I want with no difficulty.
- ① I can concentrate fully when I want with slight difficulty.
- ② I have a fair degree of difficulty concentrating when I want.
- ③ I have a lot of difficulty concentrating when I want.
- ④ I have a great deal of difficulty concentrating when I want.
- ⑤ I cannot concentrate at all.

Work

- ⓪ I can do as much work as I want.
- ① I can only do my usual work but no more.
- ② I can only do most of my usual work but no more.
- ③ I cannot do my usual work.
- ④ I can hardly do any work at all.
- ⑤ I cannot do any work at all.

Personal Care

- ⓪ I can look after myself normally without causing extra pain.
- ① I can look after myself normally but it causes extra pain.
- ② It is painful to look after myself and I am slow and careful.
- ③ I need some help but I manage most of my personal care.
- ④ I need help every day in most aspects of self care.
- ⑤ I do not get dressed, I wash with difficulty and stay in bed.

Lifting

- ⓪ I can lift heavy weights without extra pain.
- ① I can lift heavy weights but it causes extra pain.
- ② Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned (e.g., on a table).
- ③ Pain prevents me from lifting heavy weights off the floor, but I can manage light to medium weights if they are conveniently positioned.
- ④ I can only lift very light weights.
- ⑤ I cannot lift or carry anything at all.

Driving

- ⓪ I can drive my car without any neck pain.
- ① I can drive my car as long as I want with slight neck pain.
- ② I can drive my car as long as I want with moderate neck pain.
- ③ I cannot drive my car as long as I want because of moderate neck pain.
- ④ I can hardly drive at all because of severe neck pain.
- ⑤ I cannot drive my car at all because of neck pain.

Recreation

- ⓪ I am able to engage in all my recreation activities without neck pain.
- ① I am able to engage in all my usual recreation activities with some neck pain.
- ② I am able to engage in most but not all my usual recreation activities because of neck pain.
- ③ I am only able to engage in a few of my usual recreation activities because of neck pain.
- ④ I can hardly do any recreation activities because of neck pain.
- ⑤ I cannot do any recreation activities at all.

Headaches

- ⓪ I have no headaches at all.
- ① I have slight headaches which come infrequently.
- ② I have moderate headaches which come infrequently.
- ③ I have moderate headaches which come frequently.
- ④ I have severe headaches which come frequently.
- ⑤ I have headaches almost all the time.

Index Score = [Sum of all statements selected / (# of sections with a statement selected x 5)] x 100

Neck
Index
Score

Back Index

ACN Group, Inc. Form BI-100

ACN Group, Inc. Use Only rev 3/27/2003

Patient Name _____ **Date** _____

This questionnaire will give your provider information about how your back condition affects your everyday life. Please answer every section by marking the one statement that applies to you. If two or more statements in one section apply, please mark the one statement that most closely describes your problem.

Pain Intensity

- ⓪ The pain comes and goes and is very mild.
- ① The pain is mild and does not vary much.
- ② The pain comes and goes and is moderate.
- ③ The pain is moderate and does not vary much.
- ④ The pain comes and goes and is very severe.
- ⑤ The pain is very severe and does not vary much.

Sleeping

- ⓪ I get no pain in bed.
- ① I get pain in bed but it does not prevent me from sleeping well.
- ② Because of pain my normal sleep is reduced by less than 25%.
- ③ Because of pain my normal sleep is reduced by less than 50%.
- ④ Because of pain my normal sleep is reduced by less than 75%.
- ⑤ Pain prevents me from sleeping at all.

Sitting

- ⓪ I can sit in any chair as long as I like.
- ① I can only sit in my favorite chair as long as I like.
- ② Pain prevents me from sitting more than 1 hour.
- ③ Pain prevents me from sitting more than 1/2 hour.
- ④ Pain prevents me from sitting more than 10 minutes.
- ⑤ I avoid sitting because it increases pain immediately.

Standing

- ⓪ I can stand as long as I want without pain.
- ① I have some pain while standing but it does not increase with time.
- ② I cannot stand for longer than 1 hour without increasing pain.
- ③ I cannot stand for longer than 1/2 hour without increasing pain.
- ④ I cannot stand for longer than 10 minutes without increasing pain.
- ⑤ I avoid standing because it increases pain immediately.

Walking

- ⓪ I have no pain while walking.
- ① I have some pain while walking but it doesn't increase with distance.
- ② I cannot walk more than 1 mile without increasing pain.
- ③ I cannot walk more than 1/2 mile without increasing pain.
- ④ I cannot walk more than 1/4 mile without increasing pain.
- ⑤ I cannot walk at all without increasing pain.

Personal Care

- ⓪ I do not have to change my way of washing or dressing in order to avoid pain.
- ① I do not normally change my way of washing or dressing even though it causes some pain.
- ② Washing and dressing increases the pain but I manage not to change my way of doing it.
- ③ Washing and dressing increases the pain and I find it necessary to change my way of doing it.
- ④ Because of the pain I am unable to do some washing and dressing without help.
- ⑤ Because of the pain I am unable to do any washing and dressing without help.

Lifting

- ⓪ I can lift heavy weights without extra pain.
- ① I can lift heavy weights but it causes extra pain.
- ② Pain prevents me from lifting heavy weights off the floor.
- ③ Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned (e.g., on a table).
- ④ Pain prevents me from lifting heavy weights off the floor, but I can manage light to medium weights if they are conveniently positioned.
- ⑤ I can only lift very light weights.

Traveling

- ⓪ I get no pain while traveling.
- ① I get some pain while traveling but none of my usual forms of travel make it worse.
- ② I get extra pain while traveling but it does not cause me to seek alternate forms of travel.
- ③ I get extra pain while traveling which causes me to seek alternate forms of travel.
- ④ Pain restricts all forms of travel except that done while lying down.
- ⑤ Pain restricts all forms of travel.

Social Life

- ⓪ My social life is normal and gives me no extra pain.
- ① My social life is normal but increases the degree of pain.
- ② Pain has no significant affect on my social life apart from limiting my more energetic interests (e.g., dancing, etc).
- ③ Pain has restricted my social life and I do not go out very often.
- ④ Pain has restricted my social life to my home.
- ⑤ I have hardly any social life because of the pain.

Changing degree of pain

- ⓪ My pain is rapidly getting better.
- ① My pain fluctuates but overall is definitely getting better.
- ② My pain seems to be getting better but improvement is slow.
- ③ My pain is neither getting better or worse.
- ④ My pain is gradually worsening.
- ⑤ My pain is rapidly worsening.

Index Score = [Sum of all statements selected / (# of sections with a statement selected x 5)] x 100

Back
Index
Score

HIPPA Notice of Privacy of Practices

Murfreesboro Family Chiropractic and Rehabilitation
1132 West Clark Blvd. Suite C
Murfreesboro, TN 37129
615-890-1189

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

This Notice of Privacy Practices describes how we may use and disclose your protected health information (PHI) to carry out treatment, payment, or health care operations (TPO) and for other purposes that are permitted or required by law. It also describes your rights to access and control your protected health information. "Protected health information" is information about you, including demographic information that may identify you and that relates to your past, present, or future physical or mental health or condition and released healthcare services.

1. Uses and Disclosures of Protected Health Information

Uses and Disclosures of Protected Health Information: Your protected health information may be used and disclosed by your physician, our office staff, and others outside of our office that are involved in your care and treatment for the purposes of providing healthcare services to you, to pay your healthcare bills, to support the operation of the physician's practice, and any other use requested by law.

Treatment: We will use and disclose your protected health information to provide, coordinate, or manage your healthcare and any related services. This includes the coordination or management of your healthcare with a third party. For example, we would disclose your protected health information, as necessary, to a home health agency that provides care for you. For example, your protected health information may be provided to a physician to whom you have been referred to ensure that the physician has the necessary information to diagnose or treat you.

Payment: Your protected health information will be used, as needed, to obtain payment for your healthcare services. For example, obtaining approval for a hospital stay may require that your relevant protected health information be disclosed to the health plan to obtain approval for the hospital admission.

Healthcare Operations: We may use or disclose, as needed, your protected health information in order to support the business activities of your physician's practice. These activities include, but are not limited to, quality assessment activities, employee review activities, training medical students, licensing, and conducting or arranging for other business activities. For example, we may disclose your protected health information to medical school students that see patients at our office. In addition, we may use a sign-in sheet at the registration desk where you will be asked to sign your name and indicate your physician. We may also call you by name in the waiting room when your physician is ready to see you. We may use or disclose your protected health information, as necessary, to contact you to remind you of your appointment.

We may use or disclose your protected health information in the following situations without your authorization. These situations include as Required By Law, Public Health issues as required by law. Communicable Diseases: Health Oversight: Abuse or Neglect: Food and Drug Administration requirements: Legal Proceedings: Law Enforcement: Coroners, Funeral Directors, and Organ Donation: Research: Criminal Activity: Military Activity and National Security: Workers' Compensation: Inmates: Required Uses and Disclosures: Under the law, we must make disclosures to you and when required by the Secretary of the Department of Health and Human Services to investigate or determine our compliance with the requirements of Section 164.500.

Other Permitted and Required Uses and Disclosures Will Be Made Only With Your Consent, Authorization or Opportunity to Object unless required by law.

You may revoke this authorization, at any time, in writing, except to the extent that your physician or the physician's practice has taken an action in reliance on the use or disclosure indicated in the authorization.

Your Rights: Following is a statement of your rights with respect to your protected health information.

You have the right to inspect and copy your protected health information. Under federal law, however, you may not inspect or copy the following records: psychotherapy notes; information compiled in reasonable anticipation of, or use in, a civil, criminal, or administrative action or proceeding, and protected health information that is subject to law that prohibits access to protected health information.

You have the right to request a restriction of your protected health information. This means you may ask us not to use or disclose any part of your protected health information for the purposes of treatment, payment, or healthcare operations. You may also request that any part of your protected health information not be disclosed to family members or friends who may be involved in your care or for notification purposes as described in this Notice of Privacy Practices. Your request must state the specific restriction requested and to whom you want the restrictions to apply.

Your physician is not required to agree to restriction that you may request. If a physician believes it is in your best interest to permit use and disclosure of your protected health information, your protected health information will not be restricted. You then have the right to use another Healthcare Professional.

You have the right to request to receive confidential communications from us by alternative means or at an alternative location.

You have the right to obtain a paper copy of this notice from us, upon request, even if you have agreed to accept this notice alternatively i.e., electronically.

You have the right to have your physician amend your protected health information. If we deny your request for amendment, you have the right to file a statement of disagreement with us and we may prepare a rebuttal to your statement and will provide you with a copy of any such rebuttal.

You have the right to receive an accounting of certain disclosures we have made, if any, of your protected health information.

We reserve the right to change the terms of this notice and will inform you by mail of any changes. You then have the right to object or withdrawal as provided in this notice.

Complaints: You may complain to us or to the Secretary of Health and Human Services if you believe your privacy rights have been violated by us. You may file a complaint with us by notifying our private contact of your complaint.

We will not retaliate against you for filing a complaint.

We want you to know how your Patient Health Information (PHI) is going to be used in this office and your rights concerning those records. Before we begin any health care operations, we must require you to read and sign this consent form stating that you understand and agree with how your records will be used. If you would like to have a more detailed account of our policies and procedures concerning the privacy of your Patient Health Information, we encourage you to read the HIPPA NOTICE that is available to you at the front desk before signing this consent.

1. This patient understands and agrees to allow this chiropractic office to use their Patient Health Information (PHI) for the purpose of treatment, payment, healthcare operations, and coordination of care. As an example, the patient agrees to allow the chiropractor office to submit requested PHI to the Health Insurance Company (or companies) provided to us by the patient for the purpose of payment. Be assured that this office will limit the release of all PHI to the minimum needed for what the insurance companies require for payment.
2. The patient has the right to examine and obtain a copy of his or her health records at any time and request corrections. The patient may request to know what disclosures have been made and submit in writing any further restrictions on the use of their PHI. Our office is obligated to agree to those restrictions only to the extent they coincide with state and federal law.
3. A patient's written consent needs only be obtained one time for all subsequent care given the patient in this office.
4. The patient may provide a written request to revoke consent at any time during care. This would not affect the use of these records for the care given prior to the written request to revoke consent but would apply to any care given after the request has been presented.
5. Our office may contact you periodically regarding appointments, treatments, products, services, or charitable work performed by our office. You may choose to opt out of any marketing or fund-raising communications at any time.

6. For your security and right to privacy, all staff has been trained in the area of patient record privacy and privacy official has been designated to enforce those procedures in our office. We have taken all precautions that are known by this office to assure you that all your records are not readily available to those who do not need them.
7. Patients have the right to file a formal complaint with our privacy official and the Secretary of HHS about any possible violations of these policies and procedures without retaliation by this office.
8. Our office reserves the right to make changes to this notice and to make the new notice provisions effective for all protected health information that it maintains. You will be provided with a new notice at your next visit following any changes.
9. This notice is effective on the date stated below.
10. If the patient refuses to sign this consent for the purpose of treatment, payment and health care operations, the chiropractic physician has the right to refuse to give care.
11. I understand that this office treats in an open adjusting area where privacy is limited. I understand that I can meet with the doctor privately in a closed room upon my request. Unless a request is made, it is understood that I will be treated in an open adjusting room.
12. I understand that at some point in the future if I refer someone to this office, my name and image may appear on a thank you board or other notation(s) throughout this office, that is in plain view of other individuals that are in this office.

This notice was published and becomes effective on/or before April 14, 2003 (address updated November 29, 2023)
 We are required by law to maintain the privacy of and provide individuals with this notice of our legal duties and privacy practices with respect to protected health information. If you have any objections to this form, please ask to speak with our HIPPA Compliance Officer in person or by phone at our Main Phone Number.

Please list below the specific persons/class of persons/facilities to whom we are authorized to use or disclose information to about you:

Name: _____ Phone Number: _____

Name: _____ Phone Number: _____

Name: _____ Phone Number: _____

Signature below is only acknowledged that you have received this Notice of our Privacy Practices:

Name of Patient (Signature): _____

Print Name: _____

Date: _____

CANCELLATION POLICY

Please note that once you have booked an appointment with us, it means that we have reserved time in our schedule exclusively for you.

If you are a **new patient** and cancel less than **24 hours** before your appointment is scheduled to take place, you will be subject to a **cancellation fee of \$50**.

If you are a **regular patient** and cancel your appointment less than **24 hours** before it is scheduled to take place, you will be subject to a **cancellation fee of \$25**.

To avoid a cancellation fee, please provide cancellation notice at least 24 hours prior to your appointment.

You can cancel or reschedule by calling our office at 615-890-1189.

Please provide your credit card information below for payment.

Thank You,

Murfreesboro Family Chiropractic and Rehabilitation

Name (print please): _____

Signature: _____

Date: _____

Credit Card #: _____ Expiration: _____

CCV #: _____